

Friday, June 24th / Freitag, 24.6.

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	Carl Orff Auditorium	LII		LI15	Reaktorhalle	
9:00	Opening Ceremony: Musical Introduction and Welcome Bernd Redmann, President & Adina Mornell, Symposium Organizer and Chair of Institute IV, University of Music and Performing Arts Munich, Germany					9:00
9:30	Keynote: Gabriele Wulf, University of Nevada, Las Vegas (UNLV), USA & Rebecca Lewthwaite, Rancho Los Amigos National Rehabilitation Center and University of Southern California (USC), USA <i>Training Par Excellence: The OPTIMAL Theory of Motor Learning</i>					9:30
11:15	Break / Pause: ca. 30 Min.		Break / Pause: ca. 30 Min.			11:15
11:15	Lecture: Till Heine, Munich Radio Orchestra, Germany <i>Effortless Excellence. Applying Peak Performance Models of Learning to the Everyday Working Life of a Professional Musician</i>					11:15
12:45	Lunch Break / Mittagspause		Lunch Break / Mittagspause			12:45
12:45				Workshop: Susan Williams, Leiden University, The Netherlands <i>Practicing Audiation: Experiencing Music as Language</i>	Workshop: Horst Hildebrandt, SHZM, University of Music and Performing Arts Zurich, Switzerland <i>Developing Stage Competence by Means of Constructive Feedback and Self-Instruction Techniques</i>	12:45
13:45	Lecture: Clare Guss-West, European Network for Opera & Dance Education (RESEO), Brussels, Belgium <i>Attentional Focus – Practical Application of Research Findings in the Performing Arts</i>					13:45
14:45	Lecture: Elisabeth Ligon Bjork, University of California Los Angeles, USA <i>Why Forgetting is the Friend, not the Enemy, of Learning: A New Theory of Disuse</i>					14:45
16:00	Break / Pause: ca. 30 Min.		Break / Pause: ca. 30 Min.			16:00
16:00	Lecture: Chris Mesagno, Federation University Australia, Ballarat, Australia <i>Using Sport Research to Understand Components of Music Performance</i>					16:00
17:00		Workshop: Alex Berghammer, Kirchseeon, Germany <i>Taekwondo: Concentration, Mental, and Physical Strength Training</i>		Workshop: Costas Karageorghis, Brunel University London, UK <i>"Never the twain shall meet" or "cut from the same cloth"? Facilitating Artistic Performance with Psychological Interventions from Sport</i>		17:00
19:00	Dinner Break / Abendessen		Dinner Break / Abendessen			19:00
19:30					Pre-Concert Social Event: with "Bubbles"	19:30
19:30					Special Event: <i>Art in Motion Live</i> Christian Benning and Guests, Percussion and Multi-Media Reception	19:30

	Carl Orff Auditorium	L11		L115	Foyers	
8:30		Workshop: Clare Guss-West, European Network for Opera & Dance Education (RESEO), Brussels, Belgium <i>Attentional Focus – Complementary Techniques to Enhance Training and Performance</i>		Workshop: Klaus Rom, Karl-Franzens University Graz, Austria <i>How to CHANGE a Human Being – A (W)Holistic Training Philosophy</i>		8:30
9:30	Musical Interlude					9:30
9:45	Keynote: Robert Bjork, University of California Los Angeles, USA <i>Making Things Hard on Yourself, but in a Good Way: Creating Desirable Difficulties to Enhance Learning</i>					9:45
	Break / Pause: ca. 20 Min.			Break / Pause: ca. 20 Min.		
11:20	Lecture/ Demonstration: Horst Lutz, Ebenhausen, Germany <i>Perform Better with an Enhanced Brain – Life Kinetik®!</i>					11:20
12:15					Poster Session & Book Presentation Catered lunch will be served	12:15
14:00	Lecture: Claudia Bullerjahn & Katharina Heller, University of Giessen, Germany <i>Quality and Involvement Count: A Follow-up Study on Vocal Students and their Practice Behavior</i>					14:00
14:50		Workshop: Björg Brjánsdóttir, Oslo, Norway <i>Timani as a Tool to Realize Your Physical, Mental and Musical Potential</i>		Workshop: Alan Gumm, Central Michigan University & Frank Heuser, University of California Los Angeles, USA <i>Conducting as Shared Embodiment of Music</i>		14:50
	Break / Pause: ca. 15 Min.			Break / Pause: ca. 15 Min.		
15:45	Special Lecture: Raoul R. D. Oudejans, Amsterdam University of Applied Sciences, The Netherlands <i>Training to Perform in High-Achievement Settings: The Application of Perceptual-Motor Learning Strategies</i>					15:45
16:50	Closing Lecture: Margaret Osborne, University of Melbourne, Australia <i>Igniting Successful Music Careers</i>					16:50
17:45	Farewell & Musical Finale					17:45
18:00						18:00